

# Women of Faith Resources: September 2020



<https://www.lovethepic.com/image/279011/hello-september>

## September Quotes

Taken from *2020: A Book of Grace-Filled Days* by Amy Welborn

“What will those who meet us today learn about the love of Jesus from our words and actions?”  
(p. 276)

“If there’s any reason I need other people in my life, it’s to offer perspective.” (p. 284)

“Know who you are, know who God is, and don’t get the two confused.” (p.295)

## Featured Day: September 29~Feast of The Archangel Saints Michael, Raphael, and Gabriel

Michael means who is like God. Raphael means medicine of God. Gabriel means strength of God. What can it mean to be like God, to be medicine of God, to be strength of God? These angels played important roles in our sacred history and traditions.

This month, we celebrate angels. Our modern day life uses an expression when someone does something nice: You’re an angel. Someone might say that to us when we are particularly kind, thoughtful, or helpful. Our biblical tradition recognizes the power, the counsels, and the guidance of angels.

## **A Prayer for September 29: Psalm 138:1-2ab, 2cde-3, 4-5**

**Response: In the sight of the angels I will sing your praises, Lord.**

I will give thanks to you, O LORD, with all my heart,  
for you have heard the words of my mouth;  
in the presence of the angels I will sing your praise;  
I will worship at your holy temple  
and give thanks to your name.

**Response: In the sight of the angels I will sing your praises, Lord.**

Because of your kindness and your truth;  
for you have made great above all things  
your name and your promise.  
When I called, you answered me;  
you built up strength within me.

**Response: In the sight of the angels I will sing your praises, Lord.**

All the kings of the earth shall give thanks to you, O LORD  
when they hear the words of your mouth;  
And they shall sing of the ways of the LORD  
“Great is the glory of the LORD

**Response: In the sight of the angels I will sing your praises, Lord.**

## **Some practices or facts about angels**

- Before all else, I ask myself: “Do I really believe in angels?”
- Angels are messengers. Scripture mentions several angel-messengers.
- At the moment of their creation, angels freely chose whether to accept or reject their mission.
- Angels are far more active in the life of humans than we realize.
- Scripture tells us that we may be unaware of how angels are interacting with us.
- Angels prompt us to choose the good with confidence.
- Angels are mentioned 273 times in the Bible.
- Angels shout for joy, feel longing, and show many emotions in the Bible.

## Scripture Quotes on Angels

As you pray, thank God for angels on your pathways, angels in your dreams, and angels in your family history.

**Exodus 23:20:** *“See, I am sending an angel ahead of you to guard you along the way and to bring you to the place I have prepared.”*

Do you feel frightened as we move through this ongoing, pandemic way? Pray for trust that an angel is protecting you today and always.

**Job 38:1-7:** *Then the Lord answered Job out of the storm. He said: "...Where were you when I laid the earth's foundation? ... while the morning stars sang together and all the angels shouted for joy?"*

Where am I, where are you when the angels shout for joy?

**Matthew 1:19-21:** *“Because Joseph her husband was faithful to the law, and yet did not want to expose her to public disgrace, he had in mind to divorce her quietly. But after he had considered this, an angel of the Lord appeared to him in a dream and said, ‘Joseph son of David, do not be afraid to take Mary home as your wife, because what is conceived in her is from the Holy Spirit. She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins.’ ”*

Have you ever awakened from a dream reassured that God is protecting you on your way? Did you ever awaken, hearing the words: “Do not be afraid.”? Pray with your own experiences of being afraid and then trusting God is with you at all times.

**Luke 4:9-11:** *The devil led him to Jerusalem and had him stand on the highest point of the temple. “If you are the Son of God,” he said, “throw yourself down from here. For it is written: “‘He will command his angels concerning you to guard you carefully.’” They will lift you up in their hands so that you will not strike your foot against a stone.’ ”*

Remember a time you heard a voice within yourself suggesting something foolhardy. And, then after reflection, you followed the wisdom of God within yourself, counseling you on a right path?

## Spiritual Reading

The following essays, articles, and quotes can nurture our sense of angels in our daily lives. You are invited to prayerfully reflect on the contents as you read.

[Angels among us?](#) Four short articles from Share International archives, 1992, 1993, 1994.

[Messengers of Comfort and Courage: The truth about angels.](#) From ancient scripture to modern culture, angels offer comfort for moments of anxiety and pain. This article, by Lisa Raatikainen, can be read in US Catholic magazine, June 24, 2020.

[Ever this day God's Angels are at our sides.](#) There are living examples that angels do intervene when protection is needed. This article in the Catholic Stand is by Paul Oakes and was published on September 23, 2017.

## Music for Celebrating Angels

The music listed below is calming, creating quiet and peace in our lives. Enjoy it and let it soothe your entire being.

[A Choir of Angels](#) was posted by BCguardians in October 2012. The Sounds of Angels stretches sounds that are beautiful.

[Angel Choir Healing Music 432 Hz | Heavenly Angelic music | Twilight Ambience Singing Angels](#) was posted on YouTube in 2017 by Alexander Soares and is meant to create balance in our entire body.

[Healing Gregorian Chants || Angelic Choir || 432Hz Music](#) offers Gregorian Chants by Angelic choir - Numen Ensemble.

## Art for Celebrating Angels



<https://www.pinterest.com/pin/505810601874022570/>

This picture may remind us of art from our childhood. Reflect on a child in your life and pray that this special child will always be guided by angels on less than safe, daily pathways.



<https://www.europeana.eu/en/item/2020903/KMS3174>

This painting portrays Jacob struggling with the angel. The struggle with the angel symbolizes every person's struggle with a darker side of self. The angel can also symbolize a person's recognition of the darker side of self. You are invited to reflect on Jacob in this painting and on yourself when you struggle with a darker side of self. In your Bible, go to the Book of Genesis chapter 32 verses 24-28.

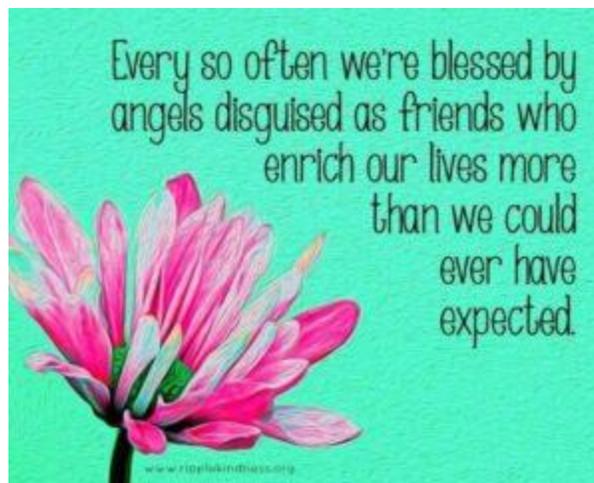
## Websites for Angels' Days

You can create [beautiful ribbon angels](#).

[Christian Apologetics and Research Ministry](#) provides researched information about angels.

[What Does the Catholic Church Teach About Angels?](#) The Catholic Talk Show.

[GladdeningLight 2019 Evening Soundscape Angels of the Wheat and the Tares](#), Ilia Delio on Angels



<https://www.pinterest.com/pin/209698926376107434/>

**We stand together near or from afar. We continue to be masked and/or are quarantined.**

**We pray to stay safe and healthy.**

**Gathered here, online, as Women of Faith, we continue to celebrate all health care workers and we pray for all persons who have contracted, struggled to recover, or passed away from the coronavirus.**

*Resources compiled by Sr. Yvette Bellerose, SSA*